# APRIL/MAY PILATES GROUP REFORMER CLASSES

***At times, Instructor substitutions may be necessary.***
***All reformer classes are fee based. Space limited, sign up now to reserve you spot!***

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| **AM 7:00** | | | | | |
| **7:30** | | | | | |
| **9:30** | **Intermediate Level REFORMER** 9:30am - 10:30am *Dena* ***4/29- SUB CAROL*** | **Intermediate/Advance Level Reformer ABS & LOWER BODY** 9:30am - 10:30am *Rocio* | **Intermediate Level REFORMER** 9:30am - 10:30am *Dena* ***5/1 CLASS CANCELLED*** | **Intermediate/Advance Level REFORMER** 9:30am - 10:30am *Rocio* | **Beginner/ Intermediate Level REFORMER** 9:30am - 10:30am *Dena* ***5/3 SUB PATRICIA*** |
| **10:00** | | | | | |
| **10:30** | **Advance Level REFORMER** 10:30am - 11:30am *Carol* ***5/27 INSTRUCTOR TBD*** | | **Intermediate/Advance Level REFORMER** 10:30am - 11:30am *Dena* ***5/1 SUB ROCIO*** | **All Level TOWER** 10:30am - 11:30am *Carol* | **Intermediate/Advance Level REFORMER** 10:30am - 11:30am *Dena* ***5/3 SUB PATRICIA*** |
| **11:00** | | | | | |
| **5:45pm** | | | | | |
| **6:15pm** | | | | | |

***Reformer Class Cancellation Policy:*** Kindly give 24 hours notice if you are unable to attend your class to avoid a $15 late cancel fee. Cancelling within 1 hour of class, or do not show, it is a $30 no show fee. After a grace period of 10 minutes your spot will become available for a waiting member and you will be charged with a $30 no show fee.
*All Pilates classes are 55 minutes in length. The last 5 minutes of class are reserved for cleaning the reformer and returning equipment*

**** All wait list participants can be enrolled up to 1 hour before class start time****